

Män 10 km		(77 / 77)	Tid	Efter
1.	Andreas Jansson <i>[100]: 38:32 (38:32)</i>	IK Hakarpspojarna	38:32	
2.	Erik Modig <i>[100]: 38:45 (38:45)</i>	Pan Kristianstad	38:45	+0:13
3.	Kenth Fransson <i>[100]: 39:36 (39:36)</i>	IS Göta	39:36	+1:04
4.	Peder Enoksson <i>[100]: 39:55 (39:55)</i>	Heleneholms IF	39:55	+1:23
5.	Simon Wikstrand <i>[100]: 40:05 (40:05)</i>	Runners Club	40:05	+1:33
6.	Edvin Murto <i>[100]: 41:15 (41:15)</i>	OK Sarven	41:15	+2:43
7.	Neil lowrie <i>[100]: 41:29 (41:29)</i>	IS Göta	41:29	+2:57
8.	Stefan Bergkrans <i>[100]: 41:46 (41:46)</i>	IS Göta	41:46	+3:14
9.	Mikael Andersson <i>[100]: 42:34 (42:34)</i>	HLLK -92	42:34	+4:02
10.	Martin Einarsson <i>[100]: 43:05 (43:05)</i>	Knislinge	43:05	+4:33
11.	Mikael Lindgren <i>[100]: 43:18 (43:18)</i>	IS Göta	43:18	+4:46
12.	Viktor Zakariasson <i>[100]: 44:55 (44:55)</i>	Solvikingarna	44:55	+6:23
13.	Chris Daanen <i>[100]: 46:07 (46:07)</i>	IS Göta	46:07	+7:35
14.	Mikael Engqvist <i>[100]: 46:39 (46:39)</i>	IS Göta	46:39	+8:07
15.	Albin Ålin <i>[100]: 46:58 (46:58)</i>	Sundsvalls OK	46:58	+8:26
16.	John Olofsson <i>[100]: 47:21 (47:21)</i>	HLLK-92	47:21	+8:49
17.	Torbjörn Gunnarsson <i>[100]: 47:32 (47:32)</i>	Lund	47:32	+9:00
18.	Thomas Rödin <i>[100]: 47:47 (47:47)</i>	IS Göta	47:47	+9:15
19.	Andreas Larsson <i>[100]: 48:14 (48:14)</i>	Freeflow Hässleholm	48:14	+9:42
20.	Johan Lantz <i>[100]: 48:28 (48:28)</i>	Bolon	48:28	+9:56
21.	Rickard Johnsson <i>[100]: 48:44 (48:44)</i>	Löparglädje	48:44	+10:12
22.	Andreas Semborg <i>[100]: 48:50 (48:50)</i>	Brainsoft AB	48:50	+10:18
23.	Henrik Linder <i>[100]: 48:51 (48:51)</i>	Level 21 Runners	48:51	+10:19
24.	Joachim Andersson <i>[100]: 49:26 (49:26)</i>	IS Göta	49:26	+10:54
25.	Jonny Månsson <i>[100]: 49:30 (49:30)</i>	Runners Club	49:30	+10:58
26.	Cyril de Avellar <i>[100]: 49:31 (49:31)</i>	Runners Club	49:31	+10:59
27.	Magnus Vetter <i>[100]: 50:00 (50:00)</i>	Vi Som Springer	50:00	+11:28
28.	Marcus Petersson <i>[100]: 50:35 (50:35)</i>	Meihem Troops	50:35	+12:03
29.	Christian Sandberg <i>[100]: 50:51 (50:51)</i>	Helsingborg	50:51	+12:19

30.	Thom Leiding <i>[100]: 50:57 (50:57)</i>	Scania Roadrunners	50:57	+12:25
31.	Karl Oskar Söderstjerna <i>[100]: 50:59 (50:59)</i>	Runners Club	50:59	+12:27
32.	Jimmy Nilsson <i>[100]: 51:03 (51:03)</i>	Malmö	51:03	+12:31
33.	Göran Persson <i>[100]: 51:30 (51:30)</i>		51:30	+12:58
34.	Philip Strandmark <i>[100]: 51:34 (51:34)</i>	Runners Club	51:34	+13:02
35.	Jimmy Hägg <i>[100]: 51:42 (51:42)</i>	FK Friskus-Varberg	51:42	+13:10
36.	Fredrik Bergström <i>[100]: 51:58 (51:58)</i>	Helsingborg	51:58	+13:26
37.	Ola Lundberg <i>[100]: 52:01 (52:01)</i>	Malmö	52:01	+13:29
38.	Johannes Hansson <i>[100]: 53:48 (53:48)</i>	Ck fix	53:48	+15:16
39.	Roger Ahlgren <i>[100]: 53:57 (53:57)</i>	Löparglädje	53:57	+15:25
40.	Ingvar Thell <i>[100]: 54:07 (54:07)</i>	Four Horsemen Hässleholm	54:07	+15:35
41.	Per Davoust <i>[100]: 54:36 (54:36)</i>	Runners Club	54:36	+16:04
42.	Thomas Nilson <i>[100]: 54:37 (54:37)</i>	Helsingborg	54:37	+16:05
43.	Andreas Brodström <i>[100]: 54:41 (54:41)</i>	Mazars	54:41	+16:09
44.	Per Axelsson <i>[100]: 54:44 (54:44)</i>	Helsingborg	54:44	+16:12
45.	Anders Hansson <i>[100]: 58:03 (58:03)</i>	Lund	58:03	+19:31
46.	Martin Samuelsson <i>[100]: 58:09 (58:09)</i>	Helsingborg	58:09	+19:37
47.	Martin Wetterberg <i>[100]: 58:11 (58:11)</i>	Helsingborg	58:11	+19:39
48.	Jonas Sjögren <i>[100]: 58:20 (58:20)</i>	Runners Club	58:20	+19:48
49.	Max Martinsson <i>[100]: 58:44 (58:44)</i>	Malmö	58:44	+20:12
50.	Mats Berglund <i>[100]: 59:22 (59:22)</i>	Malmö Löparförening	59:22	+20:50
51.	Rodrigo Berg <i>[100]: 59:30 (59:30)</i>	Helsingborg	59:30	+20:58
52.	Mats Segerup <i>[100]: 59:44 (59:44)</i>	SEGERUP Engineering	59:44	+21:12
53.	Ingvar Lundahl <i>[100]: 1:00:00 (1:00:00)</i>	Kriminalvården HBG	1:00:00	+21:28
54.	Stefan Gleesborg <i>[100]: 1:01:07 (1:01:07)</i>	Friskis&Svettis	1:01:07	+22:35
55.	Ted Ardenvik <i>[100]: 1:02:56 (1:02:56)</i>	Runners Club	1:02:56	+24:24
56.	Fredrik Pölönen <i>[100]: 1:04:50 (1:04:50)</i>	OK Torfinn	1:04:50	+26:18
57.	Jens Svantesson <i>[100]: 1:05:35 (1:05:35)</i>	Runners Club	1:05:35	+27:03
58.	Lennart Jönsson <i>[100]: 1:07:49 (1:07:49)</i>	Runners Club	1:07:49	+29:17
59.	Tommie Månsson <i>[100]: 1:08:01 (1:08:01)</i>	Löparglädje	1:08:01	+29:29

60.	Anders Lundström <i>[100]: 1:09:32 (1:09:32)</i>	Helsingborg	1:09:32	+31:00
61.	Timmy Malmberg <i>[100]: 1:10:42 (1:10:42)</i>	Lund	1:10:42	+32:10
	Lars Klein	A-Team Runners	Utg.	
	Michael Helmersson	AOK	Utg.	
	Andreas Gumabon	Helsingborg	Ej start	
	Anton Murto	OK Sarven	Ej start	
	Daniel Lindén	Nyhamnsläge	Ej start	
	Daniel Trulsson	Helsingborg	Ej start	
	Filip Ventorp	Löddeköpinge	Ej start	
	Kaj Sveningson	AB Persson & Glimstedt	Ej start	
	Mattias Sörhede	Påarp	Ej start	
	Mårten Isaksson	OK Sarven	Ej start	
	Rasmus Rosman	Malmö	Ej start	
	Sahand Kousha	YOLO	Ej start	
	Toru Shingai	IS Göta	Ej start	
	Uffe Axelsson	Bjäre Runners	Ej start	
	Veta Kallio	Friskis&Svettis	Ej start	
	Yog Hippie	Cannibal Hippies	Ej start	

Kvinnor 10 km		(43 / 44)	Tid	Efter
1.	Anneli Murto <i>[100]: 46:21 (46:21)</i>	OK Sarven	46:21	
2.	Emma Hurtig <i>[100]: 47:22 (47:22)</i>	Trollhättans IF Löpning	47:22	+1:01
3.	Alicia Saavedra <i>[100]: 47:46 (47:46)</i>	Heleneholms IF	47:46	+1:25
4.	Hanna Kronberg <i>[100]: 49:30 (49:30)</i>	Söderåsens FK	49:30	+3:09
5.	Annelie Blomquist <i>[100]: 50:26 (50:26)</i>	IS Göta	50:26	+4:05
6.	Therese Thell <i>[100]: 51:10 (51:10)</i>	Göteborg	51:10	+4:49
7.	Sofia Sjögren <i>[100]: 51:11 (51:11)</i>	Crossfit Trestad Trollhättan	51:11	+4:50
8.	Charlotte Tuveesson <i>[100]: 51:41 (51:41)</i>	Runners Club	51:41	+5:20
9.	Majbrith Nilsson <i>[100]: 52:01 (52:01)</i>	Falkenbergs RR	52:01	+5:40
10.	Pernilla Gustlin <i>[100]: 53:22 (53:22)</i>	A-Team Runners	53:22	+7:01
11.	Anna Jähnke <i>[100]: 53:28 (53:28)</i>	IS Göta	53:28	+7:07
12.	Mia Brobeck <i>[100]: 54:17 (54:17)</i>	#BrobecksHälsopakt	54:17	+7:56
13.	Charlotta Francke <i>[100]: 54:58 (54:58)</i>	Löddeköpinge	54:58	+8:37
14.	Helena Tsiparis <i>[100]: 55:53 (55:53)</i>	Lund	55:53	+9:32
15.	Tina Persson <i>[100]: 56:02 (56:02)</i>	Crossfit Trestad Trollhättan	56:02	+9:41
16.	Annika Nilsson <i>[100]: 56:25 (56:25)</i>	Båstad	56:25	+10:04
17.	Catharina Pettersson <i>[100]: 56:36 (56:36)</i>	IS Göta	56:36	+10:15
18.	Jessica Calington <i>[100]: 56:58 (56:58)</i>	Malmö	56:58	+10:37
19.	Caroline Giribaldi <i>[100]: 58:10 (58:10)</i>	Landskrona	58:10	+11:49
20.	Maritha Birgander <i>[100]: 58:31 (58:31)</i>	Runners Club	58:31	+12:10
21.	Vera Andersson Paulsson <i>[100]: 59:13 (59:13)</i>	Helsingborg	59:13	+12:52
22.	Jenny Axelsson <i>[100]: 59:32 (59:32)</i>	Helsingborg	59:32	+13:11
23.	Susanna Regårdh-Norling <i>[100]: 1:01:24 (1:01:24)</i>	Löddeköpinge	1:01:24	+15:03
24.	Sofie Brandt <i>[100]: 1:01:57 (1:01:57)</i>	Helsingborg	1:01:57	+15:36
25.	Sandra Larsson <i>[100]: 1:03:23 (1:03:23)</i>	Malmö	1:03:23	+17:02
26.	Sofie Månsson <i>[100]: 1:03:40 (1:03:40)</i>	Löparglädje	1:03:40	+17:19
27.	Linnea Aldén <i>[100]: 1:07:27 (1:07:27)</i>	Helsingborg	1:07:27	+21:06
28.	Catarina Pettersson <i>[100]: 1:07:35 (1:07:35)</i>	Lonesome Runners	1:07:35	+21:14
29.	Catrine Segerup <i>[100]: 1:10:50 (1:10:50)</i>	SEGERUP Engineering	1:10:50	+24:29

30.	Elisabeth Jönsson <i>[100]: 1:11:53 (1:11:53)</i>	Billesholm	1:11:53	+25:32
31.	Hanna Bengtsson <i>[100]: 1:12:04 (1:12:04)</i>	Malmö Sweden	1:12:04	+25:43
32.	Monika Ekdahl <i>[100]: 1:12:51 (1:12:51)</i>	Tetra Pak IF	1:12:51	+26:30
	Björg Birgisdóttir	Helsingborg	Utg.	
	Ann-Charlotte Horvat	Helsingborg	Ej start	
	Camilla Zandelin	Helsingborg	Ej start	
	Carina Norén	Friskis&Svettis	Ej start	
	Dana Runge	Helsingborg	Ej start	
	Filippa Olsson	Landskrona	Ej start	
	Lisethe Bank	Malmö	Ej start	
	Maria Lundgren	338 Småland	Ej start	
	Moa Nyberg	IS Göta	Ej start	
	Pia Erlandsson	Helsingborg	Ej start	
	Åsa Broberg	IS Göta	Ej start	

Män 5 km		(54 / 54)	Tid	Efter
1.	Kenth Fransson <i>[100]: 19:10 (19:10)</i>	IS Göta	19:10	
2.	Eelis Murto <i>[100]: 19:38 (19:38)</i>	OK Sarven	19:38	+0:28
3.	Oskar Karlsson <i>[100]: 21:28 (21:28)</i>	SK Graal	21:28	+2:18
4.	Joachim Andersson <i>[100]: 22:30 (22:30)</i>	IS Göta	22:30	+3:20
5.	Abraham Lidé <i>[100]: 22:51 (22:51)</i>	Höör	22:51	+3:41
6.	Andreas Paulsson <i>[100]: 22:52 (22:52)</i>	Helsingborg	22:52	+3:42
6.	Stefan Hedenfeldt <i>[100]: 22:52 (22:52)</i>	IS Göta	22:52	+3:42
8.	Niclas Carlsson <i>[100]: 22:58 (22:58)</i>	OK Ravinen	22:58	+3:48
9.	Simon Svensson <i>[100]: 23:21 (23:21)</i>		23:21	+4:11
10.	Mattias Carlsson <i>[100]: 23:24 (23:24)</i>	IS Göta	23:24	+4:14
11.	Niklas Jeppsson <i>[100]: 23:29 (23:29)</i>	Lund	23:29	+4:19
12.	Robert Lillhonga <i>[100]: 23:56 (23:56)</i>	IS Göta	23:56	+4:46
13.	Vincent Grahn <i>[100]: 24:01 (24:01)</i>	Höganäs Friidrott	24:01	+4:51
14.	Jovan Manojlovic <i>[100]: 24:04 (24:04)</i>	Lerberget	24:04	+4:54
15.	Niklas Näs <i>[100]: 24:27 (24:27)</i>	Team Näsblod	24:27	+5:17
16.	Markus Olsson <i>[100]: 24:30 (24:30)</i>	Lerberget	24:30	+5:20
17.	Patrik Broberg <i>[100]: 24:36 (24:36)</i>	Trollhättans IF Friidrott	24:36	+5:26
18.	Måns Kronberg <i>[100]: 24:43 (24:43)</i>	Landskrona	24:43	+5:33
19.	Tomi Einstulen <i>[100]: 24:44 (24:44)</i>	HLK-92	24:44	+5:34
20.	Rolf Johansson <i>[100]: 25:10 (25:10)</i>	Sundsvalls OK	25:10	+6:00
21.	Gabor Luczi <i>[100]: 25:11 (25:11)</i>	Odjuret	25:11	+6:01
22.	Mats Näs <i>[100]: 25:24 (25:24)</i>	Team Näsblod	25:24	+6:14
23.	Henrik Wendelsson <i>[100]: 25:52 (25:52)</i>	IS Göta	25:52	+6:42
24.	Didrik Pettersson <i>[100]: 26:11 (26:11)</i>	Ängelholm	26:11	+7:01
25.	Hans Rosenkvist <i>[100]: 27:25 (27:25)</i>	HLK-92	27:25	+8:15
26.	Magnus Engström <i>[100]: 27:43 (27:43)</i>	Påarp	27:43	+8:33
27.	Gert Länje <i>[100]: 28:16 (28:16)</i>	Helsingborgs Basketbollklubb	28:16	+9:06
28.	Jimmy Kjellberg <i>[100]: 28:38 (28:38)</i>	Helsingborg	28:38	+9:28
29.	Ola Karlsson <i>[100]: 28:56 (28:56)</i>	Helsingborg	28:56	+9:46

29.	Peter Jönsson <i>[100]: 28:56 (28:56)</i>	Vejbystrand	28:56	+9:46
31.	Dan Svensson <i>[100]: 29:56 (29:56)</i>	Runners Club	29:56	+10:46
32.	John Lager <i>[100]: 30:22 (30:22)</i>	Lund	30:22	+11:12
33.	Mats Rudqvist <i>[100]: 30:33 (30:33)</i>	Bröderna Rudqvist AB	30:33	+11:23
34.	Adam Andersson <i>[100]: 30:47 (30:47)</i>	Bjuv	30:47	+11:37
35.	Weine Nilsson <i>[100]: 32:15 (32:15)</i>	Team Brobeck	32:15	+13:05
36.	Helen Ek <i>[100]: 32:20 (32:20)</i>	Löparglädje	32:20	+13:10
37.	Fredrik Hansson <i>[100]: 33:48 (33:48)</i>	Hässleholm	33:48	+14:38
38.	Robert Petersson <i>[100]: 34:22 (34:22)</i>	Helsingborg	34:22	+15:12
39.	Mattias Andersen <i>[100]: 35:45 (35:45)</i>	Helsingborg	35:45	+16:35
40.	Jari Turja <i>[100]: 36:53 (36:53)</i>	Sofiero Kaizers	36:53	+17:43
41.	Fredrik Schell <i>[100]: 39:57 (39:57)</i>	Helsingborg	39:57	+20:47
42.	Peter Öman <i>[100]: 45:55 (45:55)</i>	Staffanstorp	45:55	+26:45
	Brian Madsen	Procurator	Ej start	
	Daniel Liljedahl	Umara SC	Ej start	
	Fredrik Hansson	Hässleholm	Ej start	
	Hans Aniansson	Göteborg	Ej start	
	Henri Murto	OK Sarven	Ej start	
	Henrik Jansson	Helsingborg	Ej start	
	Kalle Söderstjerna	Runners Club	Ej start	
	Kushtrim Prekadini	Landskrona	Ej start	
	Liam Falk	IS Göta	Ej start	
	Mikael Norling	Löddeköpinge	Ej start	
	Peter Öman	Staffanstorp	Ej start	
	Toru Shingai	IS Göta	Ej start	

Kvinnor 5 km	(58 / 58)	Tid	Efter
1. Åsa Eriksson <i>[100]: 21:43 (21:43)</i>	Halmstad OK	21:43	
2. Sofie Petersson <i>[100]: 22:24 (22:24)</i>	IS Göta	22:24	+0:41
3. Linda Jansson <i>[100]: 23:11 (23:11)</i>	Elmhults Sport Club	23:11	+1:28
4. Sofie Nässén <i>[100]: 23:31 (23:31)</i>	Sportgym SC	23:31	+1:48
5. Sara Johnson <i>[100]: 24:09 (24:09)</i>	IFK Helsingborg	24:09	+2:26
6. Emma Alnervik <i>[100]: 24:38 (24:38)</i>	Helsingborg	24:38	+2:55
7. Anna Malmros <i>[100]: 26:00 (26:00)</i>	IS Göta	26:00	+4:17
8. Monica Andersson <i>[100]: 26:02 (26:02)</i>	IS Göta	26:02	+4:19
9. Sofie Olsson <i>[100]: 26:16 (26:16)</i>	IS Göta	26:16	+4:33
10. Fenne Gringhuis <i>[100]: 26:19 (26:19)</i>	Rotterdam Atletiek	26:19	+4:36
11. Johanna Raning <i>[100]: 26:55 (26:55)</i>	Löparglädje	26:55	+5:12
12. Kajsa Hansson <i>[100]: 26:58 (26:58)</i>	FK Snapphanarna	26:58	+5:15
13. Eva Palmblad <i>[100]: 27:27 (27:27)</i>	IS Göta	27:27	+5:44
14. Eva Jansson <i>[100]: 27:32 (27:32)</i>	Elmhults sportclub	27:32	+5:49
15. Louise Dahl <i>[100]: 27:44 (27:44)</i>	Helsingborgs FF	27:44	+6:01
16. Git Sverrisson <i>[100]: 27:48 (27:48)</i>	Runners Club	27:48	+6:05
16. Nina Brobeck <i>[100]: 27:48 (27:48)</i>	#Brobeckhälsopakt	27:48	+6:05
18. Christina Persson <i>[100]: 28:21 (28:21)</i>	Helsingborg	28:21	+6:38
19. Ann-Charlott Salomonsson <i>[100]: 28:42 (28:42)</i>	Helsingborg	28:42	+6:59
20. Karin Ander <i>[100]: 28:57 (28:57)</i>	Runners Club	28:57	+7:14
21. Åse Werner <i>[100]: 29:47 (29:47)</i>	Malmö	29:47	+8:04
22. Kajsa Gustafsson <i>[100]: 30:28 (30:28)</i>	Helsingborg	30:28	+8:45
23. Sara Hult <i>[100]: 30:36 (30:36)</i>	Runners Club	30:36	+8:53
24. Laila Ryba <i>[100]: 31:06 (31:06)</i>	Rosenvägens Förskola	31:06	+9:23
25. My Wall <i>[100]: 31:10 (31:10)</i>	Filborna Arena	31:10	+9:27
26. Josefin Olsson Turja <i>[100]: 31:37 (31:37)</i>	FC Helsingborg	31:37	+9:54
27. Linda M Kjellberg <i>[100]: 31:56 (31:56)</i>	Ödåkra	31:56	+10:13
28. Elin Malm <i>[100]: 32:02 (32:02)</i>	Löparglädje	32:02	+10:19
28. Petra Lögdberg <i>[100]: 32:02 (32:02)</i>	Löparglädje	32:02	+10:19

30.	Marja Bengtsson <i>[100]: 32:04 (32:04)</i>	Malmö	32:04	+10:21
31.	Felicia Salomonsson <i>[100]: 32:18 (32:18)</i>	Helsingborg	32:18	+10:35
32.	Caroline Andersson <i>[100]: 32:26 (32:26)</i>	Bota diabetes nu	32:26	+10:43
33.	Catrin Johansson <i>[100]: 32:31 (32:31)</i>	Sundsvalls OK	32:31	+10:48
34.	Eva Eriksson <i>[100]: 32:37 (32:37)</i>		32:37	+10:54
35.	Liliana Olsson <i>[100]: 33:10 (33:10)</i>	#Brobeckhälsopakt	33:10	+11:27
36.	Johanna Lindström <i>[100]: 33:29 (33:29)</i>	Helsingborg	33:29	+11:46
37.	Kirre Almkvist <i>[100]: 33:53 (33:53)</i>	Ängelholm	33:53	+12:10
38.	Puk Bering <i>[100]: 34:04 (34:04)</i>	Kaos&Co	34:04	+12:21
39.	Bethina Eriksson <i>[100]: 34:20 (34:20)</i>	Ängelholm	34:20	+12:37
40.	Karolina Tuvesson <i>[100]: 35:46 (35:46)</i>	Team Blekinge Löparförening	35:46	+14:03
41.	Matilda Ahl <i>[100]: 36:37 (36:37)</i>	Fatcamp 2016	36:37	+14:54
41.	Susanne Lindsten <i>[100]: 36:37 (36:37)</i>	Fatcamp 2016	36:37	+14:54
43.	Karoline Brodin <i>[100]: 36:45 (36:45)</i>	Höganäs	36:45	+15:02
44.	Jessica Håkansson <i>[100]: 37:29 (37:29)</i>	Lonesome Runners	37:29	+15:46
45.	Marianne Bredahl <i>[100]: 38:43 (38:43)</i>	Helsingborg	38:43	+17:00
46.	Majsan Marianne Johansson <i>[100]: 41:50 (41:50)</i>	Helsingborg	41:50	+20:07
47.	Emelie Öman <i>[100]: 45:55 (45:55)</i>	Malmö	45:55	+24:12
	Samira Izzat	Lund	Utg.	
	Anna Björkman	Helsingborg	Ej start	
	Anna Johansson	Freeflow Hässleholm	Ej start	
	Christina Thurell	Malmö	Ej start	
	Emelie Öman	Limhamn	Ej start	
	Emma Madsen	Lerberget	Ej start	
	Helena Rylander	Helsingborg	Ej start	
	Therese Larsson	Helsingborg	Ej start	
	Tiffany Falk	Falk & partners	Ej start	
	Åsa Broberg	IS Göta	Ej start	
	Åsa Wetterling Sörhede	Påarp	Ej start	